



**Bergen's
Promise**

Nurtured Heart Approach

**4 Week Online Training
Beginning Wed. Oct. 21, 2020
Wednesdays from 6:30-8:00 pm
Free for Dumont Parents**

This 4-Week Course Will Cover:

- Ways to Address Challenging Behaviors Related to Remote Learning
- Methods to Decrease the Need for Discipline
- Tools to Improve Parent-Child Relationships
- How to Address Acting Out Behaviors In the Home
- Help Increased Academic Achievement
- Examples of Way to Improvement Family Dynamics
- Skills to Help Your Child Develop A Healthier Social Emotional Skill Set

The Nurtured Heart Approach® is a relationship-focused methodology founded strategically in The 3 Stands™ for helping children (and adults) build their Inner Wealth® and use their intensity in successful ways. It has become a powerful way of awakening the inherent greatness in all children while facilitating parenting and classroom success.

To Register Click Below:
<https://attendee.gototraining.com/r/3603004357002117889>

*Please note, in order to maximize the benefits of this training series it is necessary to attend ALL four sessions.